

Players Code of Conduct

I realize that participation on a team is a privilege and not a right, and because of this, I will adhere to the following code of conduct:

All players will:

1. Demonstrate qualities of integrity, courtesy and good sportsmanship at all times.
 - a. I will play by the rules and in the spirit of the game.
 - b. I will control my temper.
 - c. I will refrain from dangerous behaviour or engage in horseplay, in practices and games, and take an active part in ensuring that practices and games take place in a safe environment.
 - d. I will respect my opponents, coaches, officials, spectators; refrain from unsportsmanlike play or manner and refrain from criticism of referees or other game officials (e.g., line officials). etc.
 - e. I will practice and play with enthusiasm and with a commitment to improve one's skills and those of my teammates and always strive to give my best on and off the field of play.
 - f. I will have a positive outlook regardless of the circumstances.
 - g. I will be a team player that supports the actions, decisions, and the outcomes of my coaches and my teammates; and be supportive of teammates, particularly those less skillful;
 - h. I will be attentive during practices and games.
2. Demonstrate a commitment to coaches and teammates by:
 - a. I will attend and be on time for every practice and game or give adequate notice of unavoidable absences from practices and games. I will be willing to give 100% effort 100% of the time.
 - b. I will strive to improve in all skills involved in my activity and reach for a higher level of mastery, both individually and as part of a team.
 - c. I will communicate to my coach and teammates any information which will effect my participation and commitment in team activities.
3. Coaches are volunteers and are committed to giving their best for each player and the team.
 - a. I will do the same in return for my coaches and teammates

I agree to abide by these guidelines:

Signature of Player

Date